

1. Ogunquit Beach (Ogunquit): Ogunquit Beach offers accessible ramps and beach wheelchairs for individuals with mobility challenges. The town provides accessible parking and accessible restrooms nearby.

2. Old Orchard Beach (Old Orchard Beach): Old Orchard Beach provides a Mobi-Mat pathway, allowing individuals with mobility devices to access the beach more easily. Beach wheelchairs are available for rental, and there are accessible restrooms and parking options.

3. Popham Beach State Park (Phippsburg): Popham Beach State Park offers accessible parking spaces, accessible restrooms, and a beach wheelchair for visitors with mobility needs. The beach features a hard-packed sand area for easier access.

4. Pine Point Beach (Scarborough): Pine Point Beach provides accessible beach entrances with ramps, as well as beach wheelchairs available for use. Accessible parking and restrooms are also available nearby.

5. Reid State Park (Georgetown): Reid State Park offers accessible parking spaces, accessible picnic areas, and accessible restrooms. The park has an accessible trail leading to the beach, and beach wheelchairs are available upon request.

6. YMCA of Southern Maine (Multiple Locations): The YMCA of Southern Maine operates several locations with accessible swimming pools. They provide accessibility features such as pool lifts or ramps, accessible changing rooms, and accessible restrooms.

